

# Termoncanice Nursery Unit

## Separation / Anxiety Policy

### Rationale

For some children the separation from a parent may be difficult and cause anxiety in both parent and child. We understand this and will work in partnership with parents to overcome this.

### Implementation

- We will encourage parents to stay and play with their child for as long as it takes for the child to settle, be happy and to feel confident in the new environment.
- We will work at all times in partnership with each individual child/family. Staff will discuss any factors that could have affected the child's well being, e.g. restless night, head cold, new baby, bereavement etc. At any time throughout the Nursery year if a child becomes anxious or tearful, we will work in partnership with the family and discuss strategies to meet their child's needs. Strategies offered are as follows;
- Shorter session
- Telephone home if the child is upset for a prolonged time.
- The child could bring a favourite toy, book, blanket etc from home.
- A different person bringing the child to Nursery.
- Parent remains in Nursery watching through the office window. Child unaware. This reassures the parent that their child has settled.
- Child can select a familiar nursery toy to take home.
- Child can see mum's photo in the Nursery as a comforter.

### Staff Development

Staff will receive training as and when the need arises.

**Monitoring and Reviewing**

This policy will be reviewed on an on-going basis and more frequently if the need arises by the Principal, Vice-principal, Nursery Coordinator and Board of Governors.

**Signature**.....

**Nursery Coordinator**

**Date**.....

**Signature**.....

**Principal**

**Date**.....

**Signature**.....

**Chairperson Of the Board Of Governors**

**Date**.....